INSTRUCTION MANUAL FOR MIYOTA WATCH MOVEMENT
CALIBER NO. FS00(FS03)/FS01(FS04)

CHRONOGRAPH FUNCTION: CENTER SECOND HAND CHRONOGRAPH 1/1 sec. Timing
up to 59 minutes 59 seconds
BATTERY: SR626SW

A) DISPLAYS AND BUTTONS
B) SETTING THE TIME
C) SETTING THE DATE
D) USING THE CHRONOGRAPH
E) CHRONOGRAPH RESET (INCL. AFTER REPLACING BATTERY)

A) DISPLAYS AND BUTTONS

B) SETTING THE TIME
1. Pull the crown out to the 2nd position.
2. Turn the crown to set hour and minute hands.
3. When the crown is pushed back to the normal position, small second hand begins to run.

C) SETTING THE DATE
1. Pull the crown out to the 1st position.
2. Turn the crown clockwise to set the date.
   * If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on
   the following day.
3. After the date has been set, push the crown back to the normal position.

D) USING THE CHRONOGRAPH
This chronograph is able to measure and display time in 1/1 second united up to maximum of 59 minutes
59 seconds.
The chronograph second hand keeps continuously for 59 minutes 59 seconds after starting.

Measuring time with the chronograph
1. The chronograph can be started and stopped each time button "A" is pressed.
2. Pressing button "B" resets the chronograph and the chronograph second hand and chronograph minute
   hand return to zero position.

E) CHRONOGRAPH RESET (INCL. AFTER REPLACING BATTERY)
This procedure should be performed when the chronograph second hand does not return to zero position
after the chronograph has been reset, and including after the battery has been replaced.

1. Pull the crown out to the 2nd position.
2. Press button "A" to set the chronograph second hand to the zero position. The chronograph hand can
   be advanced rapidly by continuously pressing button "A".
3. Once the hand have been zeroed, return the crown to the normal position.

* Do not push crown to normal position while the chronograph second hand returns to zero position. It
   stops on the way when crown are returned to normal position and its position is recognized as zero
   position.